

Valparaiso Community Resource Guide

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Counseling and Therapeutic Services

1. *Care Counseling*

(219) 759-6760

793 Juniper Road

Valparaiso, IN. 46385

Substance use counseling only

Accepts private insurance, Medicaid, HIP, sliding scale on case-by-case basis

Intake process takes about 1.5 hours – call ahead to schedule intake

In-person and telehealth are options

Most copays are \$0-\$4, Short to no waitlist

Therapy done in individual and group settings (have to do individual if doing group)

2. *Family Concern Counseling*

(219) 477-5646

2004 Valparaiso St., Valparaiso, IN 46383

Accepts private insurance and Medicaid

Offer individual, child, teen, couple, and family counseling

3. *Regional Mental Health*

(219) 769-4005

Accepts Medicaid and private insurance

Can walk in for intake during normal business hours

- o 8555 Taft St. Merrillville – for Merrillville intake

 - § 1441 E 84th Place – for Merrillville counseling

- o 3903 Indianapolis Blvd East Chicago – for intake and counseling in East Chicago

4. *Northshore Health*

(219) 763-8112

[Health Clinic in Hammond & Portage, IN | NorthShore Health Center](#)

Offer individual treatment, group therapy, art/music recovery, clean cooking, and more

Locations in Portage, Lake Station, Merrillville, Hammond, Laporte, Chesterton

5. *Pillars of Wellness*

(219) 323-3311

[Home - Pillars of Wellness \(pillarstherapy.com\)](#)

Accepting new clients, provides general mental health counseling

Accept Medicaid, private insurance, Online registration

6. *INTreatment*

(219) 267-1889

[Home - INtreatment \(indtreatment.com\)](http://indtreatment.com)

Accept Medicaid, Medicare

Provide individual treatment, group therapy, addiction services, trauma therapy, etc.

Locations in Valparaiso, Portage, and Michigan City

7. *Clarity Clinic*

(219) 595-0043

9250 Columbia Ave, Suite E Munster, IN 46321

[Contact - Clarity Clinic NWI \(claritynwi.com\)](http://claritynwi.com)

Specializes in addiction and general counseling (group & individual)

Offer telehealth and in-person

8. *Fresh Start*

Mostly for substance use disorder, can't accept Medicaid (only private and Aetna)

9. *Change Therapy*

(219) 286-6482

954 Eastport Centre Dr. Suite B Valparaiso, IN 46383

<http://www.changetherapycenter.org>

Intensive Outpatient, Dialectical Behavioral Therapy, Individual/Group/Family Therapy

10. *Porter Starke Services*

219.531.3500

601 Wall St. Valparaiso, IN 46383

www.porterstarke.org

Group and Individual Counseling, Psychiatry, Inpatient and Outpatient Services

11. *Infinity Counseling & Wellness Center*

(219) 472-8277

5201 Fountain Drive, Crown Point, Indiana 46307, United States

Accepts Medicaid

<https://icandwc.com/>

12. *VNA Phoenix Center*

(219) 462-5195

501 Marquette St. Valparaiso, IN, 46383

<https://vnanwi.org/services/phoenix-center.php>

A grief and trauma support program for children (age 5-21) and families - free

13. *Inside Out: Your Voice, Your Story*

(219) 552-8336 (Monique)

1515 E Michigan Blvd, Michigan City, IN and 5490 Broadway, Merrillville, IN

www.insideoutyourvoicestory.com

Promote healing through creative arts and mindfulness; offer therapies, support groups, teen resource center, anger management, mentoring, restorative justice circles, etc.

14. Gateway Foundation

(877) 381-6538

www.gatewayfoundation.org

Offer virtual counseling to those who are uninsured; Can accept Medicaid for in-person outpatient services in Illinois; Can accept private insurance for inpatient services in Illinois

15. Crown Counseling

(219) 663-6353

1308 N Main St. Crown Point, IN 46307

Outpatient Substance Use Treatment, Individual & Group Therapy, Domestic Violence Intervention Program, Pride Initiative (For those in the LGBTQ+ community)

16. Building Possibilities with Care

(219) 765-8161

6111 Harrison St. Suite 118, Merrillville, IN 46410

Provide individual and family therapy, parenting assessments and classes, veteran supports, case management, domestic violence services, anger management

17. Edgewater Systems For Balanced Living

(219) 885- 4264

1110 West 5th Avenue,

Gary, IN, 46402

Provides a wide range of mental health & addiction services

<https://edgewaterhealth.org/services/mental-health-addiction/>

18. New Beginnings Counseling

(219) 203-2343

793 Juniper Rd,

Valparaiso, IN, 46385

<http://newbeginningsportercounty.com/>

19. Aspire Counseling Services

(219) 286-7043

2803 Boilermaker Ct., Ste. 1 C

Valparaiso, IN 46383

Accepts Medicaid & United Health Care

<http://www.aspirecounselingwi.com/>

Psychiatry/Medication Management

Gerald Lewis and Associates

3000 Murvihill Rd., Valparaiso, IN 46383
(219) 286-3907

****Porter Starke Services***

219.531.3500
601 Wall St. Valparaiso, IN 46383
www.porterstarke.org
Group and Individual Counseling, Psychiatry, Inpatient and Outpatient Services

****HealthLinc Community Health Center***

1001 Sturdy Rd., Valparaiso, IN 46383
(219) 462-7173

****Mid-America Psychological and Counseling Services***

402 Wall St. #23, Valparaiso, IN 46383
(219) 615-3136

****NorthShore Health Center***

407 W Indiana Ave., Chesterton, IN 46304
(219) 763-8112

6050 Sterling Creek Rd., Portage, IN 46368
(219) 763-8112

2490 Central Ave., Lake Station, IN 46405
(219) 763-8112

****Regional Mental Health Center***

7783 E Ridge Rd., Hobart, IN 46342
(219) 769-4005

1441 E 84th Pl, Merrillville, IN 46410
(219) 769-4005

****Swanson Center***

7224 W 400 N, Michigan City, IN 46360
(219) 879-4621

1230 State Road W, LaPorte, IN 46350
(219) 362-2145

*accepts medicaid

Shelter

1. *New Creation*

(219) 548-3548

2102 Calumet Ave. Valparaiso, IN 46383

Provide overnight shelter for eligible men, food, clothing, case management, showers, supplies to individuals experiencing homelessness

2. *The Caring Place-Domestic Violence Safety Shelter*

(219) 464-2128

<https://www.thecaringplacenwi.org/>

Provides shelter and support for women and women with children experiencing domestic violence.

3. *Gabriel's Horn*

(219) 364-8018

792 McCool Rd, Valparaiso, IN

<http://www.gabrielshelter.org/>

Offers counseling, transportation, case management and an aftercare program for women and children.

4. *Sojourner Truth House*

(219) 885-2282

410 W. 13th Avenue, Rear Building

Gary, IN 46407-1213

<https://sojournertruthhouse.org/index.php>

Provides shelter for women and women with children experiencing homelessness.

5. *Housing Opportunities*

(219) 548-2800

2001 Calumet Avenue, Valparaiso, IN

<https://hoi.help/>

Provide affordable housing for families.

6. *Alice's House*

(219) 462-7600

606 Brown St. Valparaiso, IN 46383

<https://alicesinc.com>

12-step recovery home

7. *Respite House (I) and (II)*

(219) 548-1300/(219) 548-1302

1408 E Chicago St., Valparaiso; 305 Union St. Valparaiso
<http://www.respitehouse.org/index.php>
Halfway house for men recovering from addiction

8. *Moraine House*

(219) 464-9983
353 W Lincolnway Valparaiso, IN 46383
<https://www.morainehouse.org>
Halfway house for men recovering from addiction

9. *Oxford House*

www.oxfordvacancies.com
Self-run recovery houses throughout USA

10. *St. Vincent de Paul*

219-845-7531
Occasionally will provide short-term hotel vouchers, financial assistance for housing and utilities, medication, transportation, etc

11. *Family Focus*

www.familypromisepcin.org
219-921-9178
Will begin housing families (single or couple w/ kid(s)) in churches

12. *St. Jude*

(219) 662-7066 OR (219) 886-1600
<https://www.stjudehouse.org/>
Domestic violence shelter for single women & women w/ children; Officer can transport or shelter can send cab to public place

13. *Haven House for Women*

Hammond, IN
24-Hour Crisis Line: (219) 931-2090
Emergency shelter for survivors of domestic violence and their children

14. *Crisis Center, Inc.*

101 N. Montgomery St., Gary, IN 46403
(219) 938-7070
Provide emergency shelter to youth ages 10-20

15. *Continuum of Care Network of Northwest Indiana*

(219) 886-9966

650 S Lake St., Gary, IN 46403

Provide rental and energy assistance and housing services to individuals experiencing homelessness or at risk of becoming homeless.

16. Sand Castle Shelter

(219) 879-2552

1005 West 8th St.

Michigan City, IN 46360

Offers temporary shelter to LaPorte County families: primarily single moms with children; sometimes families headed by couples or dads; sometimes accept single women; must test free of drugs and alcohol

17. Stepping Stone Shelter for Women

1-888-879-4615 (hotline number)

<https://www.stepsingstoneshelter.org/gethelp.html>

Domestic violence shelter in Michigan City

18. ACL Properties

219-628-5672

Group home for veterans and elderly (max of 6 people)

19. Worthy Women Recovery Home

(219) 325-3360

1001 Maple Ave. La Porte, IN - 46350

Recovery home for women

Emergency Financial Assistance

1. Porter County Aging & Community Services

(219) 464-9736

1005 Campbell Street, Valparaiso, IN 46385

Offers energy assistance, transportation, ramp program, free counseling for Medicare beneficiaries, and additional services; Administers Section 8, energy assistance

2. St. Vincent de Paul

219-845-7531

Occasionally will provide short-term hotel vouchers and other emergency assistance

3. Community Partners (Geminus Program)

(888) 357-4264

www.geminus.org

Liaison connects clients with agencies, professionals, support groups, assistance programs to help clients achieve goals; Offer older youth services

Program Requirements: 1. Resident of Porter, Lake, LaPorte, Pulaski, Starke, Jasper, Newton, or Benton County; 2. Child(ren) under age 18 in home; 3. No open DCS case; 4. Not currently receiving services through Healthy Families

4. Northwest Indiana Community Action

(219) 794-1829 or (800) 826-7871

Provide services for Veteran Families, senior companions and foster grandparents, Ombudsman, tax assistance, family development program, aging and disability resource center, energy assistance, nutrition programs, resource connections, family caregiver program, WIC assistance

5. First Contact

(219) 462 – 8332

2702 E Glendale Blvd., Valparaiso, IN 46383

Provide vouchers to resale shops for clothing; Assist with rent, utilities, occasionally medicine; Must have trustee paperwork before being considered for assistance

6. Center Township Trustee Office

Phone: (219) 462-0810

Email: jesse@centertownshiptrustee.net

202 Roosevelt Rd., Valparaiso, IN 46383

Monday – Thursday: 8-11:30am

202 Roosevelt Rd., Valparaiso, IN 46383

Eligible applicants may receive assistance for rent or mortgage, utilities, food, medical care, burials, and other basic necessities, as determined by the trustee and the applicant's caseworker

7. Salvation Army of Porter County

(219) 762-9191

799 Capitol Rd. Valparaiso, IN 46385

Food pantry open Tuesdays, Wednesdays, and Thursdays 1-3pm, rent and utility assistance, occasionally provide hotel vouchers, make referrals to clothing shop

8. Continuum of Care Network of Northwest Indiana

(219) 886-9966

650 S Lake St., Gary, IN 46403

Provide rental and energy assistance and housing services to individuals experiencing homelessness or at risk of becoming homeless.

Food

1. *Immanuel Lutheran Church*

(219) 462-8207
1700 Monticello Park Dr, Valparaiso, IN
Tuesday 1pm-3pm
Thursday 1pm-3pm

2. *Christian Food Pantry*

(219) 462-5615
2702 E Glendale Blvd, Valparaiso, IN
Monday 10am-12pm
Wednesday 10am-12pm

3. *Rose Gray Hilltop Pantry*

(219) 477-4222
606 Union St. Valparaiso, IN
Need mail or ID showing Valparaiso residency
Thursdays 9:00am-11:30am

4. *St. Teresa Catholic Church (Cafe Manna)*

(219) 464-4042
1511 Laporte Avenue, Valparaiso, IN
Dinner Thursdays 4:30pm-6:30pm

5. *New Creation*

(219) 548-3548
2102 Calumet Ave. Valparaiso, IN 46383
Provide food, clothing, case management, showers, supplies to individuals experiencing homelessness

6. *Salvation Army of Porter County*

(219) 762-9191
799 Capitol Rd. Valparaiso, IN 46385
Food pantry open Tuesdays, Wednesdays, and Thursdays 1-3pm, rent and utility assistance, make referrals to clothing shop

7. *Best Buddies Pet Pantry*

(219)-728-1401
[Best Buddies Pet Pantry](#)

8. *Dry Goods Pantry*

(219) 462-2751

2702 E Glendale Blvd. Valparaiso, IN 46383

[Dry Pantry \(valponaz.org\)](http://valponaz.org)

Open Tuesdays/Thursdays 1-3pm; Must receive voucher from local food pantry to receive non-food items from Nazarene Church Dry Pantry (shampoo, soap, razors, lotion, toilet paper, toothbrush, etc.)

9. *VNA Meals on Wheels*

(219) 462-5195

Delivers up to two meals per day to homebound, elderly, and people with disabilities in Porter County; Hot lunch costs \$5.25 per day and optional light supper that costs additional \$1.85 per day; Financial assistance available to those who qualify

Clothing

1. New Creation

(219) 548-3548

2102 Calumet Ave. Valparaiso, IN 46383

Provide food, clothing, case management, showers, supplies to individuals experiencing homelessness

2. Salvation Army of Porter County

(219) 762-9191

799 Capitol Rd. Valparaiso, IN 46385

Food pantry open Tuesdays, Wednesdays, and Thursdays 1-3pm, rent and utility assistance, occasionally provide hotel vouchers, make referrals to clothing shop

3. St. Paul Clothing Center

(219)-462-0074

1835 Harrison Blvd, Valparaiso, IN, 46383

[St. Paul Clothing Center](#)

4. First Contact

(219) 462 – 8332

2702 E Glendale Blvd., Valparaiso, IN 46383

Provide vouchers to resale shops for clothing; Assist with rent, utilities, occasionally medicine; Must have trustee paperwork before being considered for assistance

Community Support

7. Porter County Aging & Community Services

(219) 464-9736

1005 Campbell Street, Valparaiso, IN 46385

Offers energy assistance, transportation, ramp program, free counseling for Medicare beneficiaries, and additional services; Administers Section 8, energy assistance, and emergency assistance

8. New Creation

(219) 548-3548

2102 Calumet Ave. Valparaiso, IN 46383

Provide food, clothing, case management, showers, supplies to individuals experiencing homelessness

9. Indiana Legal Services

(219) 738-6040

7863 Broadway Street, Suite 205, Merrillville, IN, 46410

[Indiana Legal Services](#)

10. Celebrate Recovery

(219) 462-2751

Valparaiso Nazarene Church

2702 Glendale Blvd

Valparaiso, IN 46383

www.valponaz.org

Celebrate Recovery every Tuesday from 6-8:30pm; Dinner available for purchase at 6pm and meeting begins at 6:30 (Christ-centered 12 Step Program dealing with life's hurts, habits, and hang-ups)

11. St. Vincent de Paul

219-845-7531

Occasionally will provide short-term hotel vouchers and other emergency assistance

12. In Pact

(219) 662-1905

12300 Marshall St, Crown Point, IN 46307

<https://www.in-pact.org/>

Provide community housing and services to those with autism and/or other developmental disabilities (respite, social development, in-home support sessions, behavior support plans, and more)

13. Community Partners (Geminus Program)

(888) 357-4264

www.geminus.org

Liaison connects clients with agencies, professionals, support groups, assistance programs to help clients achieve goals; Offer older youth services

Program Requirements: 1. Resident of Porter, Lake, LaPorte, Pulaski, Starke, Jasper, Newton, or Benton County; 2. Child(ren) under age 18 in home; 3. No open DCS case; 4. Not currently receiving services through Healthy Families

14. Northwest Indiana Community Action

(219) 794-1829 or (800) 826-7871

Provide services for Veteran Families, senior companions and foster grandparents, Ombudsman, tax assistance, family development program, aging and disability resource center, energy assistance, nutrition programs, resource connections, family caregiver program, WIC assistance

15. Indiana Professional Management Group (IPMG)

(765) 464-2991

www.gotoipmg.com

Corporate Office: 1305 Cumberland Ave. Suite 225, West Lafayette, IN 47906

Provide individualized approach to help youth experiencing serious mental health and behavioral challenges

16. High Fidelity Wraparound

www.in.gov/fssa.dmha

Eligibility requirements: 6-17 years of age, eligible for Medicaid, 2 qualifying mental health diagnoses

Provide wraparound services to address mental health and behavioral needs

17. First Contact

(219) 462 – 8332

2702 E Glendale Blvd., Valparaiso, IN 46383

Provide vouchers to resale shops for clothing; Assist with rent, utilities, bus tokens, occasionally medicine; Must have trustee paperwork before being considered for assistance; Can only assist w/ disconnect notice or eviction paperwork

18. Center Township Trustee Office

Phone: (219) 462-0810

Email: jesse@centertownshiptrustee.net

202 Roosevelt Rd., Valparaiso, IN 46383

Monday – Thursday: 8-11:30am

202 Roosevelt Rd., Valparaiso, IN 46383

Eligible applicants may receive assistance for rent or mortgage, utilities, food, medical care, burials, and other basic necessities, as determined by the trustee and the applicant's caseworker

Childcare and Early Childhood Education

1. **Hilltop**

(219) 477-4222

460 S. College Avenue, Valparaiso, IN 46383

<https://www.hilltophouse.org>

Provide early childhood education, after school care, food pantry, and learning garden for children of working parents

2. **Boys and Girls Club of Greater NWI**

(219) 462-2182

354 Jefferson St. Valparaiso, IN 46383

Provide evening childcare, academic success programs, healthy lifestyles programs, etc.

3. **YMCA**

(219) 462-4185

1201 Cumberland Crossing Dr. Valparaiso, IN 46383

Youth and adult active programming, childcare

4. **BuildLearnGrow**

<https://brighterfuturesindiana.org/build-learn-grow>

Help cover child care costs for eligible working families and assist with finding childcare

5. **Geminus**

(219) 757-1800

www.geminus.care

Assist with applying for childcare voucher; early childhood education and family services

Recovery

1. Three20 Recovery

(219) 238-6840

320 S Calumet Rd, Chesterton, IN 46304

[Home - Three20 Recovery Community \(320recovery.com\)](http://320recovery.com)

Offer recovery coaching, weekly events, and programs relating to music, fitness, art, nutrition, faith

2. Recovery Connection

(219) 510-6501

505 Don Hovey Dr., Valparaiso, IN 46383

[Recovery Connection | a culture of recovery \(recoveryconnectionpc.org\)](http://recoveryconnectionpc.org)

Offer recovery programming (NA, AA, Life skill workshops, SMART Recovery, CRAFT) every day other than Sunday

3. Local Alcoholics Anonymous (AA) Meetings

[Tuesday Upcoming AA Meetings in Valparaiso \(area22indiana.org\)](http://area22indiana.org)

4. Local Narcotics Anonymous (NA) Meetings

[NA - Narcotics Anonymous Meetings in Valparaiso, IN](#)

5. Heartland Recovery

(219)-690-7025

2068 Lucas Pkwy, Lowell, IN 46356

[Heartland Recovery](#)

6. White's Residential & Family Services

(260)-563-1158

5233 S. 50 E. Wabash, IN, 46992

Offers recovery programming in addition to services for teens & families.

[White's Residential & Family Services](#)

7. Michiana Behavioral Health

(574) 936-3784 or (800) 795-6252

1800 North Oak Drive Plymouth, IN 46563

Offers adolescent inpatient psych, residential, IOP & acute adult inpatient psych, detox, and substance use IOP

www.michianabehavioralhealth.com

8. Celebrate Recovery

(219) 462-2751

Valparaiso Nazarene Church
2702 Glendale Blvd
Valparaiso, IN 46383
www.valponaz.org

Celebrate Recovery every Tuesday from 6-8:30pm; Dinner available for purchase at 6pm and meeting begins at 6:30 (Christ-centered 12 Step Program dealing with life's hurts, habits, and hang-ups)

9. Pinnacle Treatment Centers

(219) 472-4255
Recovery Works Merrillville, IN
8955 Broadway
Merrillville, IN 46410
<https://pinnacle-treatment.com/locations/state/indiana/>
Recovery Works offers individual counseling, group counseling and individualized treatment Plans.

10. Oxford House

www.oxfordvacancies.com
Self-run recovery houses throughout USA

11. Footprints to Recovery

(224) 213-3391 (Ronda Gorby)
Illinois, New Jersey, Colorado
www.footprintstorecovery.com
Provide detox, residential, partial hospitalization, IOP, OP, aftercare, MAT, motivational interviewing, dialectical behavior therapy, and transportation from hospital/home

12. Anabranh Recovery

(812) 898-5100
Email: jchristian@anabranhrecovery.com
1400 East Crossing Blvd., Terre Haute, IN, 47802
Provides detox services and inpatient services.

13. Edgewater Rapid Access Center

(219) 240-8615
4747 W. 24th Ave,
Gary, IN, 46406
Provides detoxing and a stabilization program.

14. Frontline Foundations

(219) 728-1638

1008 Broadway.
Chesterton, IN, 46304
Provides recovery and relapse prevention programs.

15. Intervention Services INC.

(866) 233-4401
306 E. Commercial Ave,
Lowell, IN, 46356
Provides sober coaching, case management, alcohol & drug related interventions and sobriety monitoring.

16. Worthy Women Recovery Home

(219) 325-3360
1001 Maple Ave. La Porte, IN - 46350
Recovery home for women

Employment

1. WorkOne (Valparaiso)

(877) 607-0680

2804 Boilermaker Ct., Valparaiso, IN 46383

Provide connections to employment, free workshops, financial assistance to eliminate barriers to education/work

2. Opportunity Enterprises

(219) 464-9621

2801 Evans Ave. Valparaiso, IN 46383

Provide employment opportunities and resources for individuals with developmental disabilities.

Education

1. *Neighbors' Educational Opportunities*

(219) 850-4448

5201 U.S. Hwy 6, Portage, IN 46368

Alternative high school and adult education options

2. *Valparaiso Adult Learning Center*

(219) 916-7444

Email: valparaisoalc@cwicorp.com

201 Washington St. Valparaiso, IN 46383 (Trinity Lutheran Church)

Offer free GED classes, career exploration, ESL classes, youth services, WorkOne referrals

3. *Ivy Tech*

(219) 464-8514

3100 Ivy Tech Dr., Valparaiso, IN 46383

Offer NextLevel Jobs (free certifications) and standard community college courses

4. *Our Greater Good*

(219) 628-2922

2401 Valley Dr.

Valparaiso, IN, 46383

Provides family classes, offers a free preschool program, etc.

Healthcare

1. *HealthLinc*

(219) 462-7173

1001 N Sturdy Rd. Valparaiso, IN 46383

Medical, dental, optometry, and behavioral health services offered; Can help apply for health insurance

2. *Northshore*

(219) 763-8112 or (888) 313-8557

www.northshorehealth.org

Portage Location: 6050 Sterling Creek Rd.

Merrillville Location: 6091 Broadway

*Additional locations - services vary by location

Offer OB/GYN, Pediatrics, Prenatal/Family Care, Family Practice, Urgent Care, Behavioral Health, Labs, Eye Care, Dental, Psychiatry, Substance Use Treatment, etc.

Crisis Support

- Text Crisis Hotline (text HELLO to 741741)
- The Trevor Lifeline (866-488-7386)
- Lifeline Chat Suicide Hotline (800-273-8255)
 - More resources online at suicidepreventionlifeline.org
- Porter-Starke Services (219-531-3500)
- If you are experiencing or witnessing an emergency, call 911

Aging

1. *Porter County Aging and Community Services*

(219) 464-9736

1005 Campbell St. Valparaiso, IN 46385

Offers energy assistance, transportation, ramp program, free counseling for Medicare beneficiaries, and additional services; Administers Section 8, energy assistance, and emergency assistance

2. *VNA of NWI*

(219) 462-5195

501 Marquette St. Valparaiso, IN 46383

Provides Meals on Wheels (Porter Co. residents), Palliative (Nurse practitioner coming out, etc.) and Hospice Care (need medical diagnosis), Lifeline (Porter & donut counties); Can provide case management if receiving services listed above; Offers grief support program for children and families

3. *Caregiver Homes*

(866) 797-2333

www.caregiverhomes.com

Provide financial support for family members caring for loved ones with chronic health/behavioral conditions; Cannot be spouse or legal guardian of person being cared for to receive compensation

Religious/Spiritual Services

1. ***Living Hope Community Church***

(219) 462-1245

1115 Calumet Ave. Valparaiso, IN 46383

<http://www.livinghope.info/>

Service at 9:00 and 10:30am on Sundays, Bible studies and groups offered throughout the week

2. ***Valparaiso Nazarene***

(219) 462-2751

2702 E Glendale Blvd. Valparaiso, IN 46383

<https://valponaz.org>

Service at 9, 10:45am, and 6:30pm on Sundays and 6:30pm on Wednesdays

3. ***Calvary***

(219) 462-4026

1325 Evans Ave. Valparaiso, IN 46383

<https://www.calvaryweb.net>

Service at 8:15, 9:45, 11:15am and online on Sundays

Homelessness Services

1. *Housing Opportunities*

(219) 548-2800

2001 Calumet Avenue, Valparaiso, IN

<https://hoi.help/>

Provide affordable housing for families.

2. *New Creation*

(219) 548-3548

2102 Calumet Ave. Valparaiso, IN 46383

Provide food, clothing, case management, showers, supplies to individuals experiencing homelessness

LGBTQ+ Resources

- 1. LGBTQ Northwest Indiana**
(219) 895-6688
10769 Broadway Avenue, Suite 136 Crown Point, IN 46307
<https://resourceroundup.com/service/list/?c=115>
Offer adult transgender support groups, LGBTQ Wednesday Night Social Hour,
- 2. The Trevor Project**
866-488-7383
www.thetrevorproject.org
Provides free 24/7 crisis intervention and suicide prevention for LGBTQ youth
- 3. Trans Lifeline**
(877) 565-8860
www.translifeline.org
Provides peer support for the transgender community
- 4. PFLAG Crown Point**
219-216-1356
www.pflagcp-nwi.org
Provides virtual weekly community group meetings, and specific age group support meetings
- 5. LGBTQ Outreach of Porter County**
<https://www.facebook.com/LGBTQofPC>
- 6. Crown Counseling**
(219) 663-6353
1308 N Main St. Crown Point, IN 46307
Free support groups for members of the LGBTQ+ community

Detox Facilities

1. Michiana Behavioral Health

(574) 936-3784 or (800) 795-6252

1800 North Oak Drive Plymouth, IN 46563

Offers adolescent inpatient psych, residential, IOP & acute adult inpatient psych, detox, and substance use IOP

www.michianabehavioralhealth.com

2. Pinnacle Treatment Centers: Recovery Works

(844) 696-4372

201 West 89th Avenue

Merrillville, IN 46410

<https://pinnacletreatment.com/locations/state/indiana/>

Provides medically supervised detox, along with residential treatment and inpatient services for those struggling with substance use.

3. Footprints to Recovery

(224) 213-3391 (Ronda Gorby)

Illinois, New Jersey, Colorado

www.footprintstorecovery.com

Provides detox, residential, partial hospitalization, IOP, OP, aftercare, MAT, motivational interviewing, dialectical behavior therapy, and transportation from hospital/home

4. Sycamore Springs

(765) 441-3168

833 Park E Blvd

Lafayette, IN 47905

<https://sycamorespringshealth.com>

Provides detox and programs for recovery

5. Footprints to Recovery

(224) 213-3391 (Ronda Gorby)

Illinois, New Jersey, Colorado

www.footprintstorecovery.com

Provide detox, residential, partial hospitalization, IOP, OP, aftercare, MAT, motivational interviewing, dialectical behavior therapy, and transportation from hospital/home

6. Anabranh Recovery

(812) 898-5100

Email: jchristian@anabranhrecovery.com

1400 East Crossing Blvd., Terre Haute, IN, 47802

Provides detox services and inpatient services.

7. ***Edgewater Rapid Access Center***

(219) 240-8615

4747 W. 24th Ave,

Gary, IN, 46406

Provides detoxing and a stabilization program.

Human Trafficking Survivor Resources

1. Tru Harbor

(765) 388-2060

Email: TRUHarborAdmissions@yocinc.org

Provide residential treatment for survivors (females ages 11-18) of human trafficking and commercial exploitation; Offer individualized treatment planning, mentoring, wellness activities, independent living services, medical and psychiatric care, vocational skills training, education

Residential Placement for Youth

1. Michiana Behavioral Health

(574) 936-3784 or (800) 795-6252

1800 North Oak Drive Plymouth, IN 46563

Offers adolescent inpatient psych, residential, IOP & acute adult inpatient psych, detox, and substance use IOP

www.michianabehavioralhealth.com

2. Oaklawn Residential Services for Youth

(574) 259-5667

<https://www.oaklawn.org>

Provide diagnostic services, residential programs for youth, therapy (individual, family, and group), and specialized programs to address developmental delays, sexually harmful behaviors, etc.

3. Lifeline Youth and Family Services, Inc.

(800) 509-6884 or (260) 745-3322 (Debbie Johnson, Executive State Director)

www.lifelineyouth.org

Offer boys' residential and independent living programs (Pierceton Woods Academy)

4. Campagna Academy

(219) 322-8614 Ext. 398

Email: intakereferrals@cahope.org

7403 Cline Ave. Schererville, IN 46375

www.campagnaacademy.org

Provide psychiatric residential, private secure residential, emergency shelter care, day reporting, etc.

5. Midwest Center for Youth and Families

1012 W Indiana St. Kouts, IN 46347

Residential Dialectical Behavior Therapy program for males ages 12-18 and females ages 10-18

Admission Criteria: Pervasive emotional, behavioral, or psychiatric problems which impact youth's functioning; History of past treatment; IQ of 75+

To make referral: Call (888) 629-3471 or email midwestcenterintake@uhsinc.com

6. Youth Opportunity Center

(765) 741-1022

www.yocinc.org

Email: admissions@yocinc.org

Provide therapeutic, residential services to youth ages 6-18

Veterans Assistance

1. *Disabled American Veterans Chapter 102*

(219) 200-0404 OR Mike Chiarodo (219) 252-8998

805 Elm St. Valparaiso, IN 46383

Fraternal Order of Eagles Aerie

Monthly meetings held on 4th Thursday of each month at 6:30pm

2. *The American Legion*

(219) 462-4452

4 Monroe St. Valparaiso, IN 46383

Provide weekly events and support for veterans

3. *Northwest Indiana Community Action*

(219) 794-1829 or (800) 826-7871

Provide services for Veteran Families, senior companions and foster grandparents, Ombudsman, tax assistance, family development program, aging and disability resource center, energy assistance, nutrition programs, resource connections, family caregiver program, WIC assistance

4. *Valor*

866-878-9311

Elgin, IL

Offer therapies, support, care plans, life skills training, etc. for veterans; Accept Humana, Tricare, Three Rivers, Optum - VA Community Care Network

Transportation

1. *V-Line*

166 Lincolnway, Valparaiso, IN 46383

Phone: 219.476.9393

<https://www.ci.valparaiso.in.us/490/V-Line>

Bus service in Valparaiso

2. *Porter County Aging and Community Services*

(219) 464-9736

1005 Campbell St. Valparaiso, IN 46385

Offers energy assistance, transportation, ramp program, free counseling for Medicare beneficiaries, and additional services; Administers Section 8, energy assistance, and emergency assistance

Victim Services

1. *Victim Compensation Program*

Apply at <https://vcc.cji.in.gov/Public/Home.aspx>

Reimburses innocent victims or their dependents for certain crime-related expenses as a result of bodily injury or death; Serves as payer of last resort

2. *Fair Haven Rape Crisis Center*

24-hour line: 219-218-2552; Office: 219-961-4357

2645 Ridge Rd., Highland, IN 46322

Offer support groups (for adults and adolescents), individual counseling and trauma therapy, case management, etc.

Aging Resources

1. *Porter County Aging & Community Services*

(219) 464-9736

1005 Campbell Street, Valparaiso, IN 46385

Offers energy assistance, transportation, ramp program, free counseling for Medicare beneficiaries, and additional services; Administers Section 8, and emergency assistance

2. *Northwest Indiana Community Action*

(219) 794-1829 or (800) 826-7871

Provide services for Veteran

Families, senior companions and foster grandparents, Ombudsman, tax assistance, family development program, aging and disability resource center (offers , energy assistance, nutrition programs, resource connections, family caregiver program, WIC assistance

3. *VNA of NWI*

(219) 462-5195

501 Marquette St. Valparaiso, IN 46383

Provides Meals on Wheels (Porter Co. residents), Palliative (Nurse practitioner coming out, etc.) and Hospice Care (need medical diagnosis), Lifeline (Porter & donut counties); Can provide case management if receiving services listed above; Offers grief support program for children and families

Former Foster Youth Resources

1. *Older Youth Services (Geminus)*

Call DCS hotline to determine eligibility 1-800-800-5556 or region coordinator, Kristin Chamberlain (219-613-5129 or kristin.chamberlain@geminus.org) or Will Thomas (219-384-8682 or william.thomas@dcs.IN.gov)

Program serving youth/young adults who aged out of foster care and are under the age of 23 (had to be in foster care on 18th birthday or spent at least 16 months in foster care after 16th birthday); provide FYI housing voucher, transportation funds, money for phone bill, room and board stipend, case management, and more

Resources for Parents

1. Northwest Indiana Center for Maternal Wellness

(219) 742-4149

138 S. Main St., Suite 200

Crown Point, IN 46307

celestechapko@nwimaternalwellness.com

Offers services for new mothers, such as a free postpartum support group called Beyond the Baby Blues (<https://www.facebook.com/BBBsupportNWI/>)

For questions or concerns about postpartum depression,
call the center's warmline: (219) 742-4149